



Connecting Columbus to the World



2018 Curitiba Sister City Marathon Participants



Connie Bowman, JP Morgan Chase

Connie was born in Columbus and grew up near Cleveland. She graduated from Capital University and The Ohio State University and has lived in Columbus for more than 30 years. Connie started running in her late 40s and completed her first half marathon when she turned 50! She has now completed nine half marathons, the latest in Madrid, Spain. Connie works as an Instructional Designer for JPMorgan Chase. She is active in Marathoners in Training (MIT) and besides running is passionate about traveling, her family, and the Columbus Crew. She enjoys her friendships with people all over the world and looks forward to making

new friends in Brazil as well as representing the wonderful city of Columbus. Connie is proud to represent the “back of the pack” runner and hopes to show others that runners come in all shapes and speeds!



Stephanie Clark, Riverside Methodist Hospital

Stephanie Clark is a 41-year-old married mother of two. She is originally from Cincinnati, Ohio but moved to Columbus 18 years ago after college. Columbus quickly became her home as she established her career and family. She is a critical care nurse at Riverside Methodist Hospital, which is a job she loves. She started running in 2008, after the birth of her oldest child. She has been running with *Moms Run This Town* and *Marathon in Training* families for several years. She enjoys running all over central Ohio, but her favorite runs are Saturday mornings on the Olentangy trail with her MIT tribe. She is super excited for this

opportunity to represent Columbus in Brazil!



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Emily Weber, Honda Logistics North America

Emily is a success driven and outgoing marketing professional who moved to Columbus a year ago in 2017 from West Michigan. Since then, she has jumped into the Columbus running community and of course, Buckeye fandom. In line with a passion for community involvement and desire to be an involved global citizen, Emily has a degree in Communication with an emphasis in Intercultural Communication and Women's Studies. She was drawn to Curitiba with an interest in culture and eco-development as it relates to sustainability around the world. Running has provided close friends, opportunity, experience, love,

health, and more for Emily. She was inspired to begin distance running by her husband after losing 60 pounds in 2014 and will complete her fifth full marathon in Brazil.



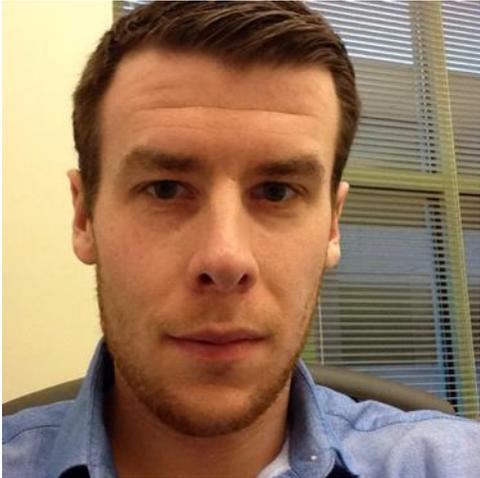
Tanya Whitmer, The Ohio State University

Tanya is a research scientist at The Ohio State University and holds a doctorate from the University of Akron. Tanya got started running in elementary school as a sprinter competing in the Junior Olympics in her home state of Kansas. She continued to participate in track throughout high school but stepped out of fitness almost completely while in college and raising her two sons. With encouragement from her Ohio State colleagues, she rekindled her interest in running in 2010 to complete her first 5k. Tanya now volunteers as a pace coach in the Marathoners in Training running group and has completed four half-

marathons as well as numerous shorter races. Aside from running, Tanya enjoys flatwater kayaking and working in her garden.



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Matt Winland, FirstKey Homes

This will be Matt Winland's third marathon, and he is thrilled to participate in this year's sister city exchange. Matt is a Human Resources professional who has been living in Columbus for the last five years. He has been running since college, but his true passion for the sport began when he joined the Short North Run Club and the Grandview Run Club. Through these two Columbus running clubs, he has been pushed to run faster, further and enjoy it even more. He has met some great people who challenged him to run his first marathon, and now he is hooked! He is excited to travel to Brazil

this year to represent Columbus.